

Division of Developmental Disabilities

ARIZONA DEPARTMENT OF ECONOMIC SECURITY

#### **PURPOSE**

This booklet is designed to give you a brief overview of the functions of the Division of Developmental Disabilities (Division) including

- How to apply for supports and services
- Eligibility requirements
- Funding
- Planning for supports and services
- Description of possible supports and services
- Listing of local offices for you to contact for further information.
- Extensive information about the Division may be found at www.azdes.gov/ddd or you may call your nearest office

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#### **DIVISION OF DEVELOPMENTAL DISABILITIES**

The Division of Developmental Disabilities, within the Arizona Department of Economic Security, provides support and services to eligible individuals with developmental disabilities.

The Division believes individuals can best be serviced in integrated community settings. The majority of support and services are tailored to meet a person's needs at home and in community-based settings. In accordance with the principles of family support, services and support provided to a person with a developmental disability will:

- Strengthen the family's role as a primary caregiver.
- Prevent inappropriate out-of-home placement.
- Maintain family unity.
- Reunite families with members who have been placed out-of-home.
- Include a broad range of support and services.

The Division coordinates support, services and resources through a central administrative office, six district offices and over 50 local offices in various communities throughout the state. These local offices promote access to community resources and program flexibility in meeting the person's needs.

# **HOW TO APPLY FOR SUPPORTS AND SERVICES**

Application for services may be made at the Division office nearest you. You can find a listing of all of the local offices at the end of this section. You may also submit a referral at www.azdes.gov/ddd and someone will contact you.

You may call a local office and ask to speak with someone about an intake interview. Upon making an appointment, a Support Coordinator or Intake Worker will meet with you, review eligibility requirements and the documentation required, discuss your needs and possible support and help you complete the necessary paperwork.

Documentation to establish eligibility includes items such as:

- Proof of age, i.e., birth certificate
- Proof of residency

- Medical records
- Evaluations such as developmental, physical, occupational, speech and/or psychological
- School records or other records applicable to determination of eligibility and/or identification of needs
- Proof of any health insurance

#### **ELIGIBILITY**

An Arizona resident who has a chronic disability which is attributable to cognitive disability, cerebral palsy, epilepsy or autism that was manifested before the age of 18 may be eligible. The disability must also result in substantial functional limitations in three or more of the following areas of major life activity:

- Self-care: eating, hygiene, bathing, etc.
- Receptive and expressive language: communicating with others
- Learning: acquiring and processing new information
- Mobility: moving from place to place
- Self-direction: managing personal finances, protecting self-interest or making independent decisions which may affect well-being
- Capacity for independent living: ability to live on one's own
- Economic self-sufficiency: being able to financially support oneself

Children under the age of six years old may be eligible if there is a strongly demonstrated potential he/she has or will have a developmental disability.

Any child from birth to 36 months who has a developmental delay, or who has an established condition which has a high probability of resulting in a developmental delay as defined by the State, may be eligible for support and services. A child who has a developmental delay is defined as a child who has not reached fifty percent of the developmental milestones expected at his/her chronological age in one or more of the following areas: physical, cognitive, language/communication, social/emotional, adaptive self-help. An established condition is defined as a diagnosis of a physical or mental condition which has a high probability of resulting in a developmental delay.

# **ARIZONA LONG TERM CARE SYSTEM (ALTCS)**

The Arizona Long Term Care System (Long Term Care) is a federally funded Medicaid program of support and services. Individuals who are eligible for services through the Division may be eligible for services through the Arizona Long Term Care System. If your Support Coordinator believes that you might be eligible for Long Term Care, you will be referred to the Arizona Health Care Cost Containment System (AHCCCS) for Long Term Care eligibility determination. If you are referred for Long Term Care eligibility determination, you must cooperate in this determination or, according to Arizona law, you will not receive services from the Division. Persons who are eligible for services through the Division are not automatically eligible for Long Term Care services.

The Division provides both acute medical services and home and community based services to people who are eligible for Long Term Care. People who are eligible for Long Term Care will receive a Member Handbook which explains the program.

#### SUPPORT PLANNING

All people and families are different, therefore, services and support are based on the person's needs, and in some cases, availability of funding. All services and support are designed and delivered to meet the individual needs of the person and their family. Needs are determined through assessments and evaluations. For example, a therapist will do an evaluation and may make recommendations for on-going therapy. The Support Coordinator will assess for other supports and services such as Attendant Care, Habilitation, etc. Natural support, including family, community based services and resources must be used to the maximum extent possible.

Decisions about what services and support the person receives are based on a team process. The team consists of the person, family and the Support Coordinator. Others such as therapists and other providers involved in the life of the person may be part of the team. The Individual Support Plan, the Individualized Family Service Plan or the Person Centered Plan process reviews assessments and evaluations, identifies

natural supports and assists in defining what additional support or services may be needed to enhance the person's abilities.

If an individual is authorized to receive services, the Division provides supports and services in a variety of living environments. Most people receive supports and services in their family home or their own home. (Individuals have the right to select the providers of the supports they need, if found necessary as part of the Individual Support Plan.) A residential setting supported by Division funds may not always be available. Under certain specific circumstances, parents or other family members may be paid to provide support and services.

#### SUPPORT AND SERVICES

The Division provides or contracts with individuals and agencies for services and supports for persons with developmental disabilities. Services are provided to eligible individuals based on the person's identified needs, state and/or federal guidelines. Possible supports and services may include:

**Attendant Care:** This service provides a certified and trained attendant to assist a person to attain or maintain safe and sanitary living conditions and/or maintain personal cleanliness and activities of daily living.

**Day Treatment and Training:** This service provides training, supervision, therapeutic activities, and as appropriate, counseling, to promote skill development in independent living, self-care, communication and social relationships.

**Employment Support Services:** This service provides supports and services in a job setting.

**Habilitation:** This service uses a variety of methods designed to maximize the person's abilities. It may include habilitative therapies, special developmental skill instruction, behavior intervention or sensorymotor development. It may occur at the person's home, a community setting or in a residential setting.

**Home Health Aide:** This service, which is provided in the person's home, provides medically necessary health maintenance, continued treatment or monitoring of a health condition.

Home Nursing: This service provides nursing in the person's home.

**Respiratory Therapy:** This service provides treatment to restore, maintain or improve breathing.

**Respite:** This service provides a certified and trained person to supervise and care for a person in order to relieve caregivers so they can go to a movie, out to dinner, take a vacation or even a nap. Respite may be provided overnight.

**Therapies: Occupational, Physical and Speech:** These services restore, maintain or improve functional skills or a physical function or communication.

**Transportation (Non-Emergency):** This services provides or assists in obtaining transportation, but does not include ambulance services.

# **TOLL FREE NUMBERS**

 Central Office:
 1.866.229.5553

 District I:
 1.800.749.9490

District II: 1.877.739.3943

District III:

 Flagstaff:
 1.888.289.7177

 Chinle:
 1.866.560.8325

 Show Low:
 1.888.537.8013

 Window Rock:
 1.800.770.6493

 Prescott:
 1.888.289.2003

 Tuba City:
 1.866.283.4520

District IV: 1.877.739.3922

District V:

Globe: 1.877.227.1100
Apache Junction: 1.877.739.3926
ATPC: 1.877.739.3941

District VI: 1.877.739.3938 x5625

#### **ADMINISTRATIVE OFFICES**

Central Administrative Office Health Care Services
1789 W. Jefferson St. 2200 N. Central Ave., 207
Phoenix, AZ 85007 Phoenix, AZ 85004

602.542.0419 602.238.9028 866.229.5553 800.624.4964

# **DISTRICT I (MARICOPA COUNTY)**

District Administrative Office\* South Camelback Office

4000 N. Central St., Ste. 900 2001 W. Camelback Rd. Ste. 170

Phoenix, AZ 85012 Phoenix, AZ 85012

602.246.0546 602.870.1721

# **DISTRICT I (MARICOPA COUNTY CONTINUED...)**

#### **Dobson Office**

163 N. Dobson Rd. Mesa, AZ 85201 480.890.7301

#### **McKinley Office**

1824 E. McKinley St. Phoenix, AZ 85006 602.258.2375

#### Indian School Office\*\*

1430 E. Indian School Rd., Ste. 205 2288 W. Guadalupe Rd. Phoenix, AZ 85014 602.277.8724

#### **Mesa Office**

1619 E. Main St. Mesa, AZ 85203 480.834.4233

#### Metro Office

11225 N. 28th Dr. C-207 Phoenix, AZ 85029 602.375.1403

#### **North Office**

13832 N. 32nd St., Ste. 104 Phoenix, AZ 85032 602.485.0236

#### South Office

2602 S. 24th St., Ste. 108 Phoenix, AZ 85034 602.231.9218

# **Southwest Office**

3802 N. 53rd Ave., #250 Phoenix, AZ 85031 623.845.9804

#### Gilbert Office

Gilbert, AZ 85323 480.831.1009

#### **Avondale Office**

290 E. La Canada Blvd. Avondale, AZ 85323 623.925.5270

# **Surprise Office**

11526 W. Bell Rd. Surprise, AZ 85374 602.771.1700

\*Intake 3 years old and over \*\*Intake 0-3 years old

# **DISTRICT II (PIMA COUNTY)**

#### District Administrative Office 2nd Street Office

400 W. Congress, Ste. 549 Tucson, AZ 85701 520.628.6841

3655 E. 2nd St. Tucson, AZ 85716 520.318.3510

# **DISTRICT II (PIMA COUNTY CONTINUED)**

### **Country Club**

6451 S. Country Club, Ste. 101 Tucson, AZ 85706 520,799,2291

320.777.227

#### **CRC**

4710 E. 29th St. Tucson, AZ 85711 520.519.1551

# **Mona Lisa Office**

7225 N. Mona Lisa Rd., #202 Tucson, AZ 85741 520,742,7679

# DISTRICT III (APACHE, COCONINO, NAVAJO AND YAVAPAI COUNTIES)

#### **District Office**

2705 N. 4th St., Ste. A Flagstaff, AZ 86004 928.773.4957

#### **Chinle Office**

N. Hwy 191, Bldg 7395A Chinle, AZ 86503 602,870,1721

#### **Cottonwood Office**

1500 E. Cherry St., #G Cottonwood, AZ 86326

928.634.2184

#### **Eager Office**

74 N. Main Street #6 Eagar, AZ 85925 928.333.5784

#### **Holbrook Office**

153 W. Vista Dr. Holbrook, AZ 86025 928.524.2646

# **Kykotsmovi Office**

Across from Hopi Tribal Center Kykotsmovi, AZ 928.734.2202

#### Page Office

630 N. Navajo Street, Suite C Page, AZ 86040 928.645.0215

#### **Prescott Office**

1519 W. Gurley St., Suite 3 Prescott AZ 86305 928.277.2700

#### **Show Low Office**

2500 E. Cooley #410 Show Low, AZ 85901 928.532.4325

# **Tuba City Office**

264 Main St. Tuba City, AZ 86045 928.283.4520

#### **Window Rock Office**

54B State Hwy 264, Suite A Window Rock, AZ 86515 928.871.3696

#### Winslow Office

319 E. 3rd St. Winslow, AZ 86047 928.289.2936

# **DISTRICT IV (LA PAZ, MOHAVE AND YUMA COUNTIES)**

#### **District Office**

350 W. 16th St., Ste. 232 Yuma, AZ 85364

928.782.4343

# **Bullhead City Office**

2601 Hwy. 95

Bullhead City, AZ 86442

928.704.7776

# **Colorado City Office**

590 S. Central St.

Colorado City, AZ 86021

928.875.8458

# Kingman Office

519 E. Beale St., Ste. 155 Kingman, AZ 86401

928.753.4868

# Lake Havasu City Office

232 London Bridge Rd.

Lake Havasu City, AZ 86403

928.453.7171

#### **Parker Office**

1032 Hopi Ave. Parker, AZ 85344

928.669.9293

# **Yuma Office**

1220 S. 4th Ave. Yuma, AZ 85364

928.782.7523

# **DISTRICT V (PINAL AND GILA COUNTIES)**

#### **District Office**

110 S. Idaho Rd., #240 Apache Junction, AZ 85219

480.474.0018

#### **Peridot Office**

Peridot Shopping Center, Suite 2 Peridot, AZ 85224

928.475.2212

#### **ATPC**

2800 N. Hwy. 87

Coolidge, AZ 85229-1467

520.723.4151

# **Payson Office**

122 E. Hwy 260, Suite 110

Payson, AZ 85541 928.474.1204

#### **Casa Grande Office**

401 N. Marshall St.

Casa Grande, AZ 85222

520.426.3529

# Coolidge Office

1155 N. Arizona Blvd. Coolidge, AZ 85228

520.723.5351